

SAVE THE SOURCE

To create a better future for **our** San Diego River, we must start at its source.



HEADWATERS PROGRAMS:

Land Conservation: We have saved 2,400+ acres of critically important land to protect special habitat, wildlife corridors, and recreation resources.

Habitat Restoration: We restore habitat by removing harmful invasive plants and planting new native trees.

Nature Connection: We connect people to nature by offering free guided hikes at our preserves.

Trail Maintenance: We create recreation opportunities for the public to explore the headwaters.



WHAT WE DO

The San Diego River Park Foundation is dedicated to fostering stewardship and appreciation of the San Diego River.

GET INVOLVED TODAY

VOLUNTEER

Help care for these lands as a volunteer!

EXPLORE

Join us on one of our guided hikes see for yourself why this land is worth protecting!

STAY CONNECTED

Sign up for our monthly e-newsletter or follow us on social media to stay up to date!

DONATE

Support future land conservation projects!



CONTACT US

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SAVE THE SOURCE

PROTECTING, RESTORING, AND ENJOYING THE UPPER REACHES OF THE SAN DIEGO RIVER



**CONNECT.
CREATE.
CONSERVE.**

PROTECTING, RESTORING, AND ENJOYING THE UPPER REACHES OF THE SAN DIEGO RIVER

Streams feed the San Diego River as it flows from its source, near Julian, to El Capitan Reservoir. This mountainous area, considered the headwaters of the San Diego River, is one of the most biologically diverse places in the entire county.

San Diego River Watershed



Eagle Peak Preserve



Peutz Creek Preserve



El Cajon Mountain Preserve

WHAT IS AN INVASIVE SPECIES?

A plant or animal from outside our region that causes ecological or economic harm to the environment in which it is introduced.

INVASIVE SPECIES CAUSE HARM BY:

- Disrupting natural ecological processes.
- Causing stress or extinction to local species.
- Creating flooding and fire hazards.

HELP STOP THE SPREAD OF INVASIVE SPECIES BY:

- Replacing invasive plants on your property with native plants!
- Cleaning your hiking gear before exploring new areas to prevent seeds from spreading!
- Volunteering with the San Diego River Park Foundation!

THE HEADWATERS ARE THREATENED BY THESE INVASIVE SPECIES:



Giant Reed



Tamarisk



Mexican Fan Palm



Eucalyptus



French, Spanish, & Scotch Broom



Gold Spotted Oak Borer